

YOU
CAN
RIDE



Learn to Ride a 2-Wheeled Bike!

*I can
&
I will*

FREE!!!

4th Annual



- Led by Sue Lawton an experienced paediatric physiotherapist
- Over the course of 6 sessions, children with coordination challenges build skills and confidence to ride a 2-wheeled bicycle.

Is this program for you?

- + Keen to ride a bike
- + 8 years or older
- + Have a helmet and a bike

When? THURSDAYS MAY 9 - JUN 13, 6-7 AND 7-8 PM
PRE-COURSE BIKE FITTING & ASSESSMENT APRIL 25, 2023

Where? ROTHESAY ARENA PARKING LOT

Why? BECAUSE EVERY CHILD DESERVES TO RIDE A BIKE!

● For more information contact:
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PARTNERS:  www.youcanride2.ca



MILLENNIUM
CYCLE & SPORT



SAINT JOHN

ARCHSTONE
PHYSIOTHERAPY AND WELLNESS CENTRE